

Please make checks payable to:  
**EAST MEADOW LITTLE LEAGUE**

For the amount of **\$250**

Questions:

Email to [emfootball@optonline.net](mailto:emfootball@optonline.net)

Phone 516-458-3156

WEEK OF 6/29 - 7/2 - \$250 ( If it rains, we will guarantee 4 days.)

WEEK OF 7/20—7/23 - \$250 ( If it rains, we will guarantee 4 days.)

EARLY BIRD DISCOUNT:

**PAY ONLY \$210 IF YOU REGISTER BEFORE 5/1**

PLEASE INDICATE WEEK OF CAMP:

Week 6/30\_\_\_\_\_

Week 7/20\_\_\_\_\_

*If you register for both weeks of camp, the second week is \$225*

*Sibling discount of 10%.*

MAIL CHECK TO:

1585 HANNINGTON AVE  
WANTAGH, NY 11793

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_ PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

EMERGENCY PHONE:

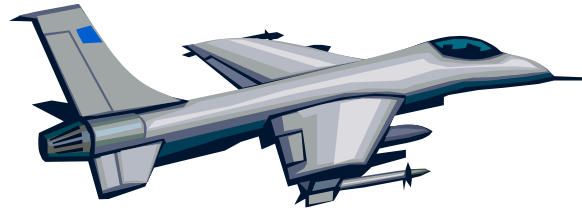
ALLERGIES/MEDICAL CONDI-

TIONS: \_\_\_\_\_

\_\_\_\_\_

# EAST MEADOW JETS

# BASEBALL



# TRADITION

NYS Champs

1997

Long Island Champs

1997

Long Island Finals

1991, 1997, 2005, 2016

Nassau County Champs

1969, 1991, 1997, 2005, 2016

Nassau County Finals

1968, 1969, 1991, 1996, 1997, 1999, 2001, 2002, 2005, 2016

Conference Champs

1959, 1967, 1968, 1969, 1976, 1978, 1982, 1985, 1987, 1988, 1991,

1992, 1993, 1996, 1997, 1999, 2002, 2005, 2006, 2009, 2015, 2016

2025

# EAST MEADOW JETS

# SUMMER BASEBALL

# ACADEMY

**DIRECTED BY THE  
EMHS VARSITY  
COACH AND OTHER  
COACHES ON STAFF**

## June 29 - July 2

## July 20 - July 23

**AT  
MERRICK AVENUE  
COMPLEX.**

**Instructional Baseball for  
Children Ages 6 and up.**

## ABOUT THE DIRECTORS:

## BASEBALL COACHES:

**VIN MASCIA** - Varsity Head Coach—has been coaching baseball for over 42 years - 38 of those years have been dedicated to the East Meadow Jets. As the JV Jets skipper, he recorded a remarkable 117 - 8 record( 94% win pct ). He has been a part of 1 NYS championship, 3 county championships, and 6 county final teams.

**BILL O'CONNOR** - EMHS coach. Drafted by the **Minnesota Twins** after being an NCAA **ALL- AMERICAN** outfielder and setting numerous hitting records at Adelphi. Inducted into Adelphi Hall of Fame and has his name on the outfield wall at Adelphi's field. Coach O'Connor has been teaching baseball privately for over ten plus years and has coached in countless camps. Bill continues to do many private hitting lessons.

**Owen Smith** - 2 Time All Conference Player. 3 year starter on the Varsity Baseball Team. Pitcher/ 1b. Currently at Farmingdale College

**JOE LANZA**—All County/ All State catcher at EMHS. Currently playing college baseball at Farmingdale College.

**Trevor Smith**— 2 times All County Shortstop/pitcher at EMHS. 3 year starter at shortstop.

Current and former EMHS players will be counselors for this camp and help with instruction and demonstrations.. The camp directors and counselors will promote and a positive fun atmosphere in which the players can enjoy the game and learn proper fundamentals .

## ONE WEEK CAMP

WEEK 1 6/29—7/2  
WEEK 2 7/20—7/23

## JETS CLINIC

*\* 1st day, - players should arrive at 8:30 for check-in.*

**9:00 Dynamic warm-up** and stretch  
**9:15 Speed and base running** principles  
**9:30 Throwing** - fundamentals of throwing to get proper rotation. (\*\*One of the most common problems with high school players today).  
**9:45 Defensive Drill** - learn the “correct” mechanics for a different skill each day. Apply those learned skills to various drills and game simulated situations.  
**10:45 Hitting Drills** - provide fundamental tips and instruction to unleash the campers maximum potential! Campers will go through various drills each day.  
**11:30 Lunch**  
**12:00 Developmental Game** - campers will play a game with immediate and constant feedback and positive reinforcement.  
**12:50 Discussion** about the game and situations that came up.  
**1:00 DEPART**

***This camp is a must for the youngster interested in improving their total baseball game.***

Our camp is directed and run by the entire **East Meadow High School** coaching staff.

Fundamental skills such as hitting, throwing, catching, bunting, pitching, and defensive play are the focus of the camp. The camp is dedicated to helping the young player educate themselves on proper mechanics and skills to enhance their overall game. Campers will be taught the “correct” way to play baseball by our professional staff in a **fun and high energy** environment!

*The spirit of this camp is to allow the players in this community to attain their maximum potential by ingraining the fundamentals skills at an early age. **ALLOW YOUR CHILD TO GET TO KNOW THE ENTIRE STAFF UP CLOSE AND PERSONAL!!***